



# Sexuality through the Ages and Stages of Development

## PRIDE In-Service eLearning

### Course Description

This eLearning Module has one session that can be taken on your own schedule. Through this session you will learn the typical stages of sexual development in children and youth, develop an understanding of problematic sexual behaviour and learn when and how to talk to the child or youth's caseworker about what you see. You will review how to talk about the sensitive topic of sexuality with children and youth. Exercises in this training will support you to reflect on some common myths about sexuality, and to separate those myths from your values and attitudes, so that you can focus on the facts in your conversations about sexuality. Through some scenarios you will think about how to respond to a child or youth's questions about sexuality, all the way from pre-school to adolescence.

### Learning Objectives

- Recognize how caregivers' experience, attitudes and values about sexuality can affect their ability to support the development of sexuality in children and youth.
- Describe the developmental progress of sexuality through the different ages and stages of children and youth.
- Describe how caregivers can create a safe space for children and youth to explore their gender and sexual orientation.
- Recognize how a child or youth's cultural heritage is important to consider.
- Describe when a caregiver should involve the case team in managing any questions or concerns about a child or youth's development.

### Guided Discussion Questions

1. Since completing this training, how have you been promoting healthy sexual development for the children in your household?
2. What steps would you take to address problematic sexual behaviors in a child placed with you?

### Resources

For more information on how colonization has impacted Gender Identity and what it means to be Two Spirited. Please watch these videos.

Link: <https://www.youtube.com/watch?v=AqEgsHGik-s>

Link: <https://www.youtube.com/watch?v=A4lBibGzUnE>

#### Support for Sexual and Gender Diverse Children and Youth and Allies

Link: <https://www.briteline.ca/>

#### Support for Caregivers teaching Sexual Health

Link: <https://teachingsexualhealth.ca/parents>