## First Nations, Métis & Inuit Games and Activities

Indigenous Cultural Awareness Games & Activities for Children and Youth



### Online Activities



- Indigenous Online Jigsaw Puzzles (ALIGN Association)
  - The best thing about jigsaw puzzles is that they require you to slow down and look at all the details as you piece the whole picture together. In a fast-moving world filled with photos and graphics, this is an opportunity for children, youth and adults to relax and appreciate the details of the traditional regalia, food, animals, teepees, totem poles and more! Play here
- Indigenous Online Indigenous Christmas Advent Calendar (ALIGN Association)
   You don't want to miss out on the fun! Children, youth and adults alike will enjoy flipping a card for each day of
   December leading up to the 25th and finding a wonderful cultural surprise behind each door. Play here
- Online Flip-Card Activity 20 Great Ways to Celebrate National Indigenous History Month (ALIGN Association)
   These interactive, informative online flip cards are a fun and easy way to broaden cultural awareness for the
   whole family! You can flip each card and discover a wonderful surprise! Explore the links to language learning,
   stories, and so much more. We update the activities annually, so each June, there is something new along with
   all your favourite activities. Play here
- Native American or European Foods? (N.I.A.C. Kids Corner)
   Click on which of these foods you think are Native American in origin, and which of these foods are European in origin. Play here
- Metis Digital Scavenger Hunt (Rupertsland Centre for Teaching and Learning)
   The activity is an interactive slideshow where students search for the hidden Métis flags to "unlock" games and other activities. To use the slideshow, simply present the slideshow fully on your screen and click along to read the rules. Speakers' notes are included throughout the document for both students and teachers to learn more about Métis history. Play here
- The Government of Canada At-Home Learning
  It's never been easier to learn more about the Indigenous Peoples of Canada from the comfort of your own
  home and to have fun doing it. The Government of Canada has created an extensive learning and activity guide
  filled with stories and games that will help you and your family learn more about Indigenous cultures from
- across the country. Archived but still available. Play here
- Anaana's Tent
   With the help of her old husky, Qimmiq, and a cast of special friends, Rita Claire sings songs, plays games, reads
   stories and learns new words in Inuktitut. Watch here
- Guess the Word Before the Turtle Hides in His Shell! (Nativetech.com)
   All the words are Wild Plants. You can go to Native Tech's <u>Indigenous Plants Page</u> to learn more about some of the plant names in this game and their traditional uses. <u>Play here</u>
- Match the Animal with their Tracks (N.I.A.C. Kids Corner)
   Draw a line from each animal to the matching tracks. <u>Play here</u>

### Online Activities Continued

#### • Can you String these 9 beads? (N.I.A.C. Kids Corner)

Without lifting your pencil from the paper, can you draw only four straight lines that will 'string all 9 beads together? Play here

#### Interactive Beadwork Designer (Nativetech.com)

Make your own online bead design. Select a colour and click on the online beads to create your own pattern. This activity was created for planning loom work or lane stitch projects, but is also a great opportunity for kids and youth to explore and experience bead design. Play here

#### • Inuit Online Quiz, Puzzle and Dialect Game (Canadian Museum of History)

Learn some Inuktitut words, try an online puzzle or test your printmaking knowledge. Play here

#### Cedar Box Toolkit (Cedar Box Experience)

Click on the plants or berry icons on the screen and learn more about them, how they were gathered and what they were used for. Play here

#### Native Berry Game (Cedar Box Experience)

Welcome to the Native Berry Game, where you can test your knowledge by identifying native berry plants in a fun and educational challenge. <u>Play here</u>

#### Northwest Tree Game (Cedar Box Experience)

Embark on a tree-filled adventure! Play the Northwest Tree Game and explore the rich diversity of native Pacific Northwest trees. Play here

#### Useful Weed Game (Cedar Box Experience)

Welcome to the Useful Weeds Game! Challenge yourself to identify local weeds and learn about the ecological, cultural, and culinary wonders of common plants in urban landscapes. Watch here

#### Native Plant Survivor Game (Cedar Box Experience)

Play this game after you have tested your knowledge about plants in the Native Berry Game, the Northwest Trees Game, and the Useful Weeds Game. You will strengthen your skills in using plants that can help you thrive in wild places on this virtual outdoor journey. Play here

#### Activity Sheets for Canadian Indigenous Inventions (Twinkle)

(Download Free with Free Account) Circle all the correct First Nations inventions of Canada of the 16 inventions included, 9 of them are correct! The nine First Nations inventions of Canada included with this worksheet are: Lawn Darts, Lacrosse, Maple Syrup, Igloo, Snow Goggles, Chewing Gum, Toboggan, Snowshoes and Mukluks.

Download Activity Sheet here

#### Activity Books (Metis Nations of Alberta)

Children's Cultural Activity Book - Maze, Connect the Dots, Family Tree (Metis Nations of Alberta). Access here
Youth and Teens Cultural Activity Book – Word Scramble, Crossword, Family Tree (Metis Nations of Alberta).

Access here

#### Indigenous Word Search Puzzles

**First Nations Word Search Puzzle** 

**Indigenous Peoples Word Search Puzzle** 

# Online Video & VR Games



#### When Rivers Were Trails (When Rivers Were Trails)

This Indigenous-created free video game is downloadable to desktops. It is a point-and-click game that educates players about the impact of colonization on Indigenous communities in the 1890s. Play here

#### · Never Alone Online Video Game

Play as a young Iñupiat girl and an arctic fox as they set out to find the source of the eternal blizzard, which threatens the survival of everything they have ever known. Inspired by the rich art and imagery of Alaska Native cultures. World-class game makers paired up with Alaska Native storytellers and elders to create a game which delves deeply into the traditional lore of the Iñupiat people. Play here

#### · Sleep Guardian Online Game

In Sleep Guardian, you are a dreamcatcher, tasked with the important job of ensuring the little girl under your care has a good night's sleep. Catch the bad dreams in your web to destroy them, while running into good dreams will give you bonus points. Play here

#### · Honour Water (Pinga)

This singing game teaches Anishinaabe songs about preserving and protecting our waters, in tandem with interactive challenges for users. Anishinaabemowin (phonetics) and English are displayed to guide players throughout each song, which were gifted by elders who collaborated with the singers of the Ohki Gishie Gathering and Sharon Day. Developed by Pinga, with art and design by multidisciplinary trailblazer Elizabeth LA Pensée. Available for free on iOS devices. Rated 4+. Play here

#### • Thunderbird Strike: Indigenous Video Game (Thunderbird Strike)

In the 2D side-scrolling Thunderbird Strike, fly from the Tar Sands to the Great Lakes as a thunderbird protecting Turtle Island with searing lightning against the snake that threatens to swallow the lands and waters whole. This game is available for free on Android, iOS, and PC. Play here

#### Terra Nova (maize longboat)

Set on Earth in the far distant future, this 2-player cooperative video game explores what first contact between Indigenous and Settler peoples might look like thousands of years from now. The game must be downloaded to a desktop. Play here. For help playing, watch the video 4p Teaching, Play-through here.

#### Star Scribe (Pinga)

Star Scribe is an educational game experience created and designed by Brandon Bunnie. Players will visit the surface of Earth's moon and learn about several Cree constellations from Wilfred Buck a.k.a. "Star Guy." Players will also be able to trace these constellations in the sky and reveal artwork that represents the knowledge held by the star formations. Play here

#### Coyote Science Game (Coyote Science)

Challenge your brain with Coyote's riddles! Go on a Science Quest! And meet some of our brilliant Indigenous scientists — and maybe you will become the next astronaut or geologist to bring all this important knowledge to the world! Play here

### Online Video & VR Games Continued

#### Two Falls

This online game tells the story of the first encounters between French settlers and Indigenous communities in 17th-century Canada. The game explores both sides of this story through the contrasting perspectives of Jeanne, a young French woman, and Makan, an Innu hunter, as they survive in wild Canadian territory. Players will have to make choices with Jeanne and Makan that shape the direction of the narrative, and both characters even view the world in their own distinct art styles. All stories can be interpreted in many ways, and Two Falls is no exception. Throughout the game, uncover and interpret different events from Maika or Jeanne's point of view. You will soon realize that one event can have very different meanings for them, eventually finding yourself doubting your own beliefs. A Note: This game is made by a team which includes many indigenous creators, and the content is being validated by a Council of Elders in Canada. Play here

#### • Thunder, a virtual reality game for the Oculus Go headset

Made in Calgary doubles as a Blackfoot language educational tool. This VR story chronicles the journey of a man who must challenge the powerful spirit, Thunder (Sissako). Indigenous storytelling comes together with immersive experience to feature the endangered Blackfoot language. Players hear Blackfoot words in the game and use deductive reasoning and the process of elimination to tie those words to images, animals, numbers, and other basic concepts. The game's ending also contains a traditional Blackfoot prayer. Play here

## Board Games



#### · The Gift of Food

A board game about traditional Northwest Native foods by the Northwest Indian College. Designed and written by Elizabeth LaPensée and produced and co-written by Elise Krohn with art by Roger Fernandes and graphic design by Annie Brulé. For ages 10 and up. <a href="Purchase here">Purchase here</a>

#### · Native Teaching Aid Board Game Collection

This site has a huge collection of Indigenous board games to choose from! Have fun playing and learning about picking berries, buffalo, or check out language flashcards and matching games. Find games from the West Coast and Plains First Nations. So many games to choose from. View here

#### Covote & Crow

Coyote & Crow is a science fantasy role-playing game set in an uncolonized future. Instead of extrapolating what happens from now into the future, Coyote & Crow instead present a future where the colonization of the Americas never happened, depicting a future world of spirituality and science. This unique game was created and led by a team of Native Americans representing more than a dozen Indigenous tribes. <a href="Purchase here">Purchase here</a>

#### Dialect

Dialect is a story game where players participate in an isolated community whose language emerges and must be protected from loss as they establish values, interact, and face challenges through modular world-building. Purchase here

### Outdoor Games



#### Tossing the Ball (Canada Library)

Two or more people can play this **Cree** game. Players volley the ball back and forth to each other or around a circle of players. When a player misses the ball, they are out; someone else can replace them in the game. The winner is the person who has not missed the ball when everyone else is out. <u>Learn how to play here</u>. (Note: This is archived info, so redirecting you to the page may take a few seconds.)

#### Voyageur Games

Provides resources on traditional Métis games, such as log throwing, animal calls, fire starting, flour bag carrying, and trap setting, reflecting the skills and activities of Métis voyageurs. Play here

#### • Story Stones: An Indigenous Game with Many Lessons (T8GP)

Set out on an adventure to find your rocks. This Indigenous storytelling tradition invites children to collect smooth stones and paint their own images to create unique stories. It's a fun way to enhance communication skills, imagination, and cultural appreciation. Let the magic of storytelling begin! Learn more

#### • Elementary Inuit Games - Nunavik-IcE

Features 8 Inuit games identified as appropriate for elementary children, each accompanied by a poster providing the necessary information to teach them. <u>Watch here</u>. Also see **Secondary Inuit Games** for youth here.

#### Spirit North Nature BINGO pdf

Get outside and explore! Challenge yourself to nature bingo! Check off the square as soon as you have found it in nature. Your challenge is to get a full house (cross out every square). Do it by yourself or with someone you live with. This is just one of several activities that are available for free download. **Download PDF** 

#### Traditional Inuit Games (Athropolis)

Check out these great tutorials! <u>The Kneel Jump</u>, <u>The Back Push</u>, <u>The Airplane</u>, <u>The Sitting Knuckle Pull</u>, <u>The Leg wrestle</u>, <u>The Knuckle hop</u>, <u>The Mouth Pull</u>, <u>The Musk Ox Push</u>, <u>View All</u>

#### • Blackfoot - High Five Indigenous Games for Children Resource)

Lots of great Blackfoot games for children and youth, like Make the Stick Jump. This game was a favourite of Blackfoot boys who played it to improve throwing accuracy, which was needed when they went out to hunt small game. Age Group: 6 - 12 years. Also, check out the Line Tag game. This Blackfoot game was played so children could develop skills such as running, chasing and balancing. Find these and more games here.

Metis Indoor/Outdoor Games (Rupertsland Centre for Teaching and Learning)
 Crab Tug of War, Triangle Ball Toss, Hoop Toss, Traditional Métis Voyageur Games, Cabrasser - Lasso the Horse, Cup and Ball Catch, Indoor Horseshoes, Stick Catch.

# Printable & Online Colouring



- · Summer Solstice Coloring Page (Crayola)
- <u>Dreamcatcher Online Coloring (Thecolor.com)</u>
- Igloo Online Coloring (thecolor.com)
- Teepee Online Coloring (thecolor.com)
- · Igloo and fish (Get Coloring)
- Baby Bear with Fish Online Coloring or Print (Super Coloring)
- · Fish Fry Online Coloring or Print (Super Coloring)
- Fish Hook Online Coloring or Print (Super Coloring)
- Inuit Is Running With Spear Online Coloring or Print (Super Coloring)
- Fishing Rod and Bucket Online Coloring (thecolor.com)
- Baby Polar Bear Online Coloring (thecolor.com)
- Baby Bear Online Coloring (thecolor.com)
- · Baby Seal Online Coloring (thecolor.com)
- Polar Bear Online Coloring (thecolor.com)
- First Nations, Intuit and Métis Celebration Downloadable Colouring Pages (Twinkle)
- Metis Jigging Downloadable Colouring Pages (Twinkle)
- Orange Shirt Day Mindfulness Downloadable Colouring Pages (Twinkle)
- ANCFSAO Wellness Colouring Book for Teens/Adults)
- Indigenous Art and Coloring Book Activities (TRACKS Youth Program)
- <u>Be Strong Coloring Book for Resilient Kids 8 Practices to Being Resilient Written by Dr. Kirk Austin Edited and Arranged by Nicole Fakaua</u>
- Michif Colours Design Booklet (Rupertsland Center for Teaching and Learning)
- Moccasins Colouring Page (Connie Kulhavy Original Art)
- Indigenous words colouring pages (National Art Centre)

#### For Purchase

- Indigenous Dwellings of Canada: A Colouring Book For Purchase (MFNRC)
- Cree Shapes Colouring Book For Purchase (MFNRC)
- Scenes of Nature with Cultural Teachings For Purchase (MFNRC Youth/Adult)