

Caregiver Training Connections



Welcome to the January 2026 newsletter from the Provincial Caregiver Training Team!
This newsletter provides key updates, training stats and more for Alberta caregivers and practitioners.
Please forward as necessary to your teams and/or caregivers



Winter calendar is now available!

Caregivers and agency workers can now explore the winter pre-service and in-service dates for **January and February** by visiting the [AFKA](#) and [ALIGN](#) websites. Visit these sites for in-service training course descriptions and to view the following:

- **Jan-Feb 2026 pre-service check-ins** (foster and permanency applicant caregivers).
- **Jan-Feb 2026 in-service calendar** (approved kinship, foster, and permanency caregivers).
- **Caregiver training inventory tool** (updated listing of caregiver training offerings).

Additional resources for practitioners and internal staff are available on the training [portal](#).

Have training questions?

All questions are welcome! Whether your question is about training requirements or content, caregivers and staff can join our Friday Q&A sessions for quick and helpful answers from the **Provincial Caregiver Training Team**. Our team is available each **Friday from 9 a.m. to 10 a.m.** Connect with us through [Zoom](#)!



Top five tips for successful online caregiver training

1. **Log in early** – Log on **15 minutes** before training to ensure your tech works smoothly.
2. **Stay focused** – Eliminate **distractions** like chores, phone use, or errands during training.
3. **Camera on, clear view** – Keep your **camera on** with all participants visible.
4. **Attendance** – **Missing 20 minutes or more** means you will need to leave the class and retake the course to receive your completion certificate.
5. **Plan for childcare** – Due to **sensitive content** and management of the learning environment, children **are not** permitted to be present during training.

Watch for your confirmation emails

You'll receive a confirmation email for each training session you register for, both in-person and virtual. These emails include the training location (for in-person) or a Zoom link (for virtual). **Check your emails by 3 p.m.** the day before your scheduled training to ensure you have all the necessary information to attend your course. This helps ensure we have time to support you in obtaining the information needed prior to class should there be any unforeseen challenges.

- **Didn't receive your email?** Check your junk/spam folder.
- **Contact Us!** To resend your Zoom link, email cfs.caregivertraining@gov.ab.ca.

For virtual sessions, the Zoom link in your confirmation email is located to the right of "Link to Class." For in-person sessions, the location address will be displayed in this area.

Hello,

This email confirms that you are registered for **Understanding Self Harm Behaviour** as follows:

Important note: PLEASE ensure you update Zoom before class. In order to do this, you will need to download updates at: zoom.us/download. This ensures that you will not experience disruptions or delays when joining training.

| | | | |
|----------------|---|-------|------------------|
| Course Name: | Understanding Self Harm Behaviour | | |
| Date: | Tuesday, December 2, 2025 | Time: | 6 p.m. to 9 p.m. |
| Link to Class: | https://us02web.zoom.us/j/83343085695?pwd=SZqI9MZgFvze0kYDr0JdGQjuOb2apQ.1 | | |
| Attachments: | Participant Material and Standards for Successful Online Caregiver Training | | |

Zoom tech support and troubleshooting

Zoom offers a comprehensive **help centre** packed with self-guided resources and support options if you encounter technical issues during meetings or webinars. Here's what's available:

Self-service troubleshooting:

Access in-depth guides and FAQs on common issues like audio/video problems, connection interruptions, screen sharing glitches, and login errors.

Test your setup:

Zoom's help centre includes tools for testing your microphone, speakers, and camera before joining a meeting to ensure everything works smoothly.



Check it out: [Zoom Tech Support and Troubleshooting Tips](#)

Virtual and in-person training sessions

All training rooms (virtual and in-person) will open up to **30 minutes** prior to scheduled sessions and close 15 minutes afterwards. Arriving early allows us to ensure we can support logistical matters such as attendance and technical support without taking time away from the learning.

Upcoming in-person training

The following courses are open to kinship, foster and permanency caregivers:

Edmonton

Child Intervention in Alberta

Tuesday, Jan. 20 from 6 p.m. to 9 p.m.

Understand the legislation, policies, and practice supports that shape your role as a caregiver. Through realistic scenarios, this training focuses on aspects of child intervention that directly impact caregivers. [Register on PRIDE](#)



Foundations of Caregiver Support for Caregivers, Part 2

Tuesday, Feb. 17 from 6 p.m. to 9 p.m.

Turn your foundations e-learning into action in a three-hour, in-person workshop. Apply trauma-informed strategies to common challenges with peer support. **Part 1 e-learning must be completed before enrolling.*

[Register on PRIDE](#)



Red Deer

Your Role on the Child's Case Team

Friday, Feb. 27 from 10 a.m. to 1 p.m.

This course is designed to equip caregivers with the knowledge and skills necessary to effectively collaborate and ensure the safety, well-being, and connection of children and youth in their care.

[Register on PRIDE](#)



Calgary

Preserving Memories

Tuesday, Feb. 3 from 6 p.m. to 9 p.m.

Examine how experiences shape memory development in children and youth. This training addresses memory preservation challenges for



youth in care and offers practical support strategies for caregivers. [Register on PRIDE](#)

Training at a glance

Below are provincial caregiver training completions for **October 1 to December 31, 2025**. See the breakdown by training curriculum and caregiver type.

| Curriculum | Training Completions | | |
|----------------------------------|----------------------|--------------|---------|
| | Total | Foster Care* | Kinship |
| Pre-Service | 134 | 134 | N/A |
| Foundations of Caregiver Support | 104 | 67 | 37 |
| In-Service** | 412 | 408 | 4 |
| Kinship Orientation Training | 55 | N/A | 55 |
| Lifelong Connections (NEW!) | 113 | 111 | 2 |
| Med Admin | 110 | 109 | 1 |
| Safe Babies | 90 | 65 | 25 |
| Weathering the Storm | 113 | 109 | 4 |
| Facilitated Courses | 1081 | 1037 | 44 |

*Includes therapeutic and permanency.

**PRIDE in-service e-learning modules includes completion in any of the seven available modules and can be broken down further into stats for each module specifically.

Notes:

- Some completions may contain enrollments prior to October 1st.
- Facilitated courses – numbers are pulled based on sessions scheduled within date range.
- Completion disparity may result from nonattendance without unenrollment or survey incompleteness.



Do you have a newsletter suggestion?

If so, send your suggestion [here](#) – it may be included in future editions of the newsletter! We look forward to hearing from you!