

Share your Well-being Impact for 2024

Be part of a Provincial Story of Well-Being Impact!

November
Special

This month we invite you to share your organization's work of supporting well-being and create a Provincial Story of Impact with the **ALIGN Well-Being Impact Portal and Dashboard**. What does sharing your impact involve?

- A one to two hour conversation with your team
- An hour to enter what you've learned into the Impact Portal

Haven't heard of the Impact Portal? No problem! You can still participate!

Child and family serving organizations across Alberta do amazing work that changes the lives of children, youth, and families. ALIGN wants to learn more about and showcase the impact on well-being in the sector.

The **ALIGN Well-Being Toolkit** provides a way to share and track your impact in an online Impact Portal. You will enter stories and simple self-ratings in seven well-being domains for your agency as a whole.

Who can do this? If you are part of the leadership team or take care of reporting or evaluation you can participate. No matter how familiar you are with the Well-Being Toolkit at this point. We will explain the basics here. The process is designed to be simple and builds on what you already do to evaluate, learn, share, assess, or measure in your organization.

Submit your Impact Reflections by December 1st

Make an Impact Portal Account

Click [here](#) to create an account. All you need is your name, your work email, and some basic info about your organization.

You can [watch this video](#) for a demonstration on how to sign up.

Lobsticks are tall trees that serve as landmarks and tell us where we're at in our journey. "The Lobstick story is a context setter for us to talk about us in this sector."

- Cheryl Whiskeyjack



Talk with your team to share stories of impact and reflect where you're at

The Impact Portal uses the story of Lobsticks as a context setter to talk about where you're at in your work of supporting well-being. It guides you through a self-reflection on well-being outcomes and impacts for your agency as a whole in the seven domains.

[Find the Self-Rating Scale here.](#)

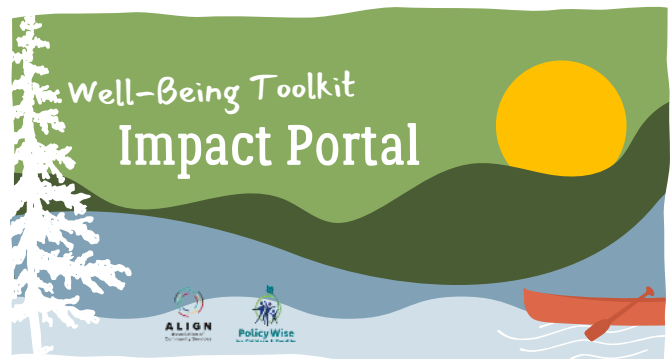
What do I do? Talk with your team about what you found from your own feedback processes, story telling, or assessments that show your agency's impact on well-being.

- Ask them to share stories of impact for each of the seven domains.
- Reflect on where you're at as an agency in each of the domains using a self-rating scale.



Log into the Impact Portal and be part of the story

- Enter your stories and self-ratings into the Impact Portal. For an example, see page 3 below.
- [Click here](#) to create an account. It will take 5 minutes.
- **Submit by December 1st, 2024!**



Watch [this video](#) for a demonstration on how to enter your stories and self-ratings.



Ask for help

Email Jacqlyn with any questions:
jacqlyn@alignab.ca



Join the Community of Practice

Learn from other agencies on how they are using the toolkit. Fill out this [form](#) to join the community.



Learn more about the Well-Being Toolkit

Access the toolkit and its resources, videos, and Well-being Impact Portal at www.alignab.ca/well-being

Example Resources from Piloting the Well-Being Toolkit

Example of an Impact Reflection

This example demonstrates an agency's self-reflection in the Impact Portal for one of the seven well-being domains. Self-reflections include two stories and three self-ratings for each domain. The example provides additional explanation for why this agency chose their ratings.

Healthy Development & Growth

What do you have an abundance of? Share a story of change or impact in this domain.

One of our key strategies to support healthy development and growth is to engage our service participants in their service plan meetings. Participants make the agendas and take lead on creating their service plan in their words together with everyone present. Our hope is that they feel their voice is valued, that it supports reflection, and development and growth. Recently a participant became emotional during the meeting. Their caregiver tried to reassure them by saying that it's normal to feel nervous when speaking in front a group of people. But the participant stopped them and explained: "I'm emotional because I've never felt so important and heard in my life before." This made us realize how important this practice is to youth to support well-being and development.

What would you need more of? What would you need to better support this domain?

Our agency believes that children deserve to know who they belong to and where they are from, and we do this by implementing Family Finding practices. In our experience, this practice can be a challenge as there are systemic barriers which hinder progress. Many agencies across the province are engaging in this work and we need to learn from their experiences on how to invite stakeholders to the table. This could include learning new ways of prioritizing privacy, getting involved with band consultations, as well as community involvement. In doing this, we can incorporate new strategies to pursue lifelong connections as a form of healthy development in the face of systemic barriers.

Children & Youth

Where are the children & youth at in this domain?

Sprouting



✓ Save

Children and youth are at a sprouting stage. For example, the majority of children are participating in some activities or conversations but still working towards feeling comfortable connecting with their culture.

Caregivers

Where are the caregivers at in this domain?

Germinating



✓ Save

Overall caregivers are at the germinating stage. For example, in some regions caregivers have a more natural connection to community to support healthy development in culturally-rooted ways, but a majority of caregivers need more support to make those connections.

Staff & Agency

Where is your agency and staff with supporting this domain for children, youth and caregivers?

Nurturing



✓ Save

The staff and agency effort are at the nurturing stage. For example, all staff, apart from relief staff, completed a new innovative foundational training and each program is exploring their own way of piloting ideas from this training. All staff experience a differing degree of comfortability in attending cultural activities and the agency would benefit in exploring ways to address this to increase involvement.