



ALIGN Well-Being Toolkit

"When we're creating ethical space and acknowledging both worldviews, then we have the ability to create practice and understandings that are strongly aligned and represent the families that we serve." - Kirby Redwood, Miskanawah

Well-Being Toolkit Implementation Support

Implementing the Well-Being Toolkit is a journey, and each organization begins from a different place. This document outlines the Implementation Support that is available through ALIGN, offering a snapshot of how support can be tailored to meet your organization where it is. Specific details, including timelines, customization, and costs, are explored together through an initial conversation with ALIGN.

ALIGN offers tiered implementation support to assist organizations in thoughtfully and effectively implementing the Well-Being Toolkit. Support is grounded in relationship, ethical space, and parallel practice, and is designed to align with organizational readiness, capacity, and scope.

Scope of Implementation Support

Implementation support is delivered across five phases, with the depth and intensity of support varying by tier:

1. Initial Interaction & Engagement

Orientation to the Well-Being Toolkit, relationship building, and exploration of organizational fit and readiness.

2. Commitment and Agreement

Clarifying implementation goals, scope, and responsibilities.

3. Implementation Planning

Developing an implementation plan and identifying internal roles to support success.

4. Training and Education Development

Staff learning, skill development, and preparation to use the Toolkit in practice.

5. Implementation and Sustainability

Supporting ongoing use, reflection, early evaluation, and sustainability planning.

All 3 tiers include participation in a Community of Practice, offering shared learning, reflection, and peer support.

Implementation Support Tiers

 **Planting – Basic Support**

 **Nurturing – Comprehensive Support**

 **Harvesting – Premium Support**



Planting – Basic Support

Designed for organizations in the early stages of exploration or implementation.

Includes:

- Support across Phases 1–3
- Up to 15 hours of direct implementation support
- Participation in a Community of Practice

Best suited for:

- Organizations exploring fit and readiness
- Pilot or limited-scope implementation
- Building foundational understanding

Nurturing – Comprehensive Support

Designed for organizations committed to full implementation of the Well-Being Toolkit.

Includes:

- Support across all five implementation phases
- Up to 35 hours of direct implementation support
- Staff training and skill development
- Participation in a Community of Practice

Best suited for:

- Organization-wide or multi-program implementation
- Agencies seeking consistency and deeper practice integration
- Early outcome reflection and sustainability planning

Harvesting – Premium Support

Designed for organizations embedding the Well-Being Toolkit into long-term practice and systems.

Includes:

- Support across all five implementation phases
- Up to 60 hours of direct implementation support
- Additional follow-up and reinforcement training
- Enhanced focus on sustainability, evaluation, and continuous improvement
- Participation in a Community of Practice

Best suited for:

- Long-term integration and scaling
- Organizations prioritizing sustainability and impact
- Systems-level or regional implementation

Well-Being Toolkit Implementation Support



Training

Across all tiers, ALIGN provides training and implementation support related to:
Well-Being domains and indicators
Foundational practice principles
Indigenous Cultural Understanding Framework (ICUF).

Training is adapted to organizational context and readiness and may include facilitated sessions, reflective learning, and applied practice supports.

Moving Forward

Organizations may begin at any tier based on readiness and may transition to a higher tier over time as capacity and implementation deepen.

An initial exploration call with ALIGN is recommended to discuss program and/or organizational goals, readiness, and the most appropriate level of support. For further information or to begin a conversation about implementation support, please contact ALIGN at wellbeing@alignab.ca.

