

INDIGENOUS PROGRAMS WINTER/SPRING 2024

[Learning Centre Of Literacy FREE Cree Language Learning](#) Join Kohkom Kathy Hamelin, Community Grandmother and Advocate, Monday and Wednesday evenings online or at the Orange Hub to learn Plains Cree in the y-dialect, using SRO, syllabics, and oral teachings.

Bent Arrow Feeding Our Spirit March 21, 2023 - 11:00 am - 2:00 pm Edmonton Experience the transformative and healing power of food and its connection to our spirit as you join Kokum Patty in preparing a delicious meal. Secure your spot by registering today - don't miss out on this opportunity to nourish your body and soul. Please note that childcare will not be provided. [See Kikosewin Family Programs Winter Program Brochure](#)

Bent Arrow TOONIE SWIM @ EASTGLEN LEISURE CENTRE Edmonton Are you looking for a refreshing way to meet new people and enjoy the water? Join Bent Arrow at Eastglen Pool for a fun-filled afternoon of swimming. For just \$2, you can dive into the pool and make new friends. Don't miss out on this chance to connect with others while splashing in the water. Call now to register, and Bent Arrow will cover your fee. [See KIKOSEWIN FAMILY RESOURCE NETWORK YOUTH Program Guide](#)

Bent Arrow TUESDAY DROP-IN @ FURTHER EDUCATION IN ST. ALBERT MALL Every Tuesday, January 9 - March 26, 3:30 - 5:00 pm, Ages 13-17 yrs Experience fun and friendships with this new drop-in program! Join us for exciting board games, challenging puzzles, enriching indigenous teachings, and engaging crafts. Satisfy your taste buds with delicious snacks while you come and go as you, please. Don't miss this opportunity to have a great time and make unforgettable memories! [See KIKOSEWIN FAMILY RESOURCE NETWORK YOUTH Program Guide](#)

Bent Arrow Sunday Funday EPL [February 25, 1:30 pm–3:00 pm EPL Sprucewood April 28, 2024 1:30 pm–3:00 pm EPL Sprucewood May 26, 2024 1:30pm to 3:00 pm EPL Sprucewood](#)

Join Bent Arrow at the library once a month for family fun with songs, stories, games, crafts and activities. This drop-in class is presented in partnership with Bent Arrow Traditional Healing Society - Kikosewin Family Resource Network.

[Online nêhiyawêwin \(Cree Language\) Classes in Collaboration with the Canadian Native Friendship Centre February 28, 2024](#)

6:00 pm–8:00 pm Online Whether you want to reconnect to your ancestral language or learn a language from the territory, this is the class for you. This class is offered in partnership with the Canadian Native Friendship Centre and is suitable for beginners and those with previous language knowledge. [See Additional Available Dates](#)

[EPL In-Person nêhiyawêwin \(Cree Language\) Classes - Canadian Native Friendship Centre Edmonton February 26, 2024, 6:00 pm–8:00 pm Highlands Library](#)

Whether you want to reconnect to your ancestral language or learn a language from the territory, this is the class for you. This class is offered in

partnership with the Canadian Native Friendship Centre and is suitable for beginners and those with previous language knowledge. [See Additional Available Dates](#)

[EPL Spring Break Starts Here: Métis Finger Weaving March 26, 2024, 2:00 pm–3:00 pm Riverbend Library March 27, 2024, 2:00 pm to 3:00 pm Mill Woods](#)

Learn about the history of the Métis sash and try your hand at the art of finger weaving! All materials supplied.

[Trellis Society The Iiyika’kimaat Program Calgary](#)

The word Iiyika’kimaat, which means “to try hard” in Blackfoot, was gifted to the agency after consultation with elders. The Iiyika’kimaat program provides Indigenous youth, aged 12-21 years, an opportunity to reach their full potential through culturally-relevant and leadership-specific components and activities.

[ABORIGINAL FRIENDSHIP CENTER OF CALGARY YOUTH & FAMILY DRUMMING \(AFC CALGARY\)](#)

On the third Wednesday of every month, from 5:30 PM – 7:00 PM, youth aged 6-17 years come together with their parents/guardians to learn the fundamentals of the drum and to learn how to sing and drum as part of a group.

YMCA Calgary Indigenous Programs to support Indigenous children, youth and families with cultural identity, leadership, recreation and connections to Calgary’s urban Indigenous communities. **[Indigenous Active Life Drop-In Program Thursdays | 5:00 – 8:00 p.m. Saddletowne YMCA](#)**

Join other youth and young adults (ages 12-30) for basketball, swimming, cardio, and more! This program is free with full facility access during designated times. Grab a friend for some active, social fun. **[Indigenous Drum & Dance Mondays | 5:00 - 7:00 p.m. Saddletowne YMCA Calgary](#)**

Bring your family for a weekly Drum and Dance drop-in night. Learn or brush-up your skills in Pow Wow dance styles, drumming and Indigenous culture. Program Elder and male and female dance instructors will keep the sessions engaging and fun for participants of all ages and levels. Drum and Dance is an excellent way to keep active, build community and stay connected with Indigenous culture