

ANTI-RACISM AND ANTI-OPPRESSION LEARNING RESOURCES

CHILD WELFARE LEAGUE OF CANADA



DOCUMENTARIES

[There's Something In The Water](#) (Netflix)

[Remember Africville](#) (YouTube)

[Once Upon a Black Halifax](#) (YouTube)

[Hairstory: Rooted](#) (YouTube Hair Story)

[The Skin We Are In](#) (CBC Gem Firsthand)

[Above The Law](#) (CBC Docs POV)

[Journey to Justice](#) (NFB)

[Zero Tolerance](#) (NFB)

[List of all free documentaries](#) created by Black filmmakers, creators and allies (NFB)

[Kanehsatake: 270 Years of Resistance](#) (YouTube NFB)

[How the Oka Crisis of 1990 Sparked a Resurgence of Indigenous Identity](#) (YouTube CBC Docs POV)

[Muffins for Granny](#) (excerpt) - impact of Residential Schools



PODCASTS

[Two Crees in a Pod](#), hosted by Terri Suntjens & Amber Dion (First Nations, Metis and Inuit social work)

[Good Ancestor](#), hosted by Layla F. Saad

[Conversation between Layla F. Saad and Robin DiAngelo](#), and is a good introduction to the ideas in the White Fragility Book.

[Child and Youth Care \(CYC\) Podcast](#)

[As Word Spreads](#)

[Muffins for Granny](#) (CBC Radio, effects of Residential Schools)

[Brene Brown in talks with Ibram Kendi](#)

[Hear To Slay: Black feminist podcast writers Roxane Gray and Tressie McMillan](#)

[Cottom](#)

[Pamela Palmater Podcast](#)



**NEWS SEGMENTS,
EPISODES,
SHORT VIDEOS**

[Is there systemic racism in Canada? Akwasi Owusu-Bempah & Robyn Maynard \(CBC News\)](#)

[Heritage Minutes: Nitro \(YouTube Historica Canada\)](#)

[A Canadian Slavery Story \(YouTube Canadiana, about Marie-Joseph Angélique\)](#)

[Canadian Apartheid: Chinese Head Tax and racism's legacy in British Columbia \(YouTube Vancouver Sun\)](#)

[Reconciliation is Dead: RCMP Invade Unist'ot'en Territory \(YouTube Unistoten Camp\)](#)

[Ibram X Kendi – The difference between being “not racist” and antiracist](#)

[What Intersectionality Really Means for Movements: Prof Kimberlé W. Crenshaw](#)

[Intersectionality Matters: A Conversation with Kimberlé Crenshaw - May 20th 2020](#)

A conversation with Kimberlé Crenshaw, hosted by Janine Jackson, about why intersectionality matters in this moment of crisis

[Globe & Mail, Brittany Andrew-Amofah, Intersectionality: 'Feminism looks very different to different people'](#)

[Intersectionality Matters: A Conversation with Kimberlé Crenshaw - May 20th 2020](#)

A conversation with Kimberlé Crenshaw, hosted by Janine Jackson, about why intersectionality matters in this moment of crisis

[A Conversation on Race and Privilege with Angela Davis and Jane Elliott - 2018](#)

It is one of the student-led Social Justice Solutions series from the School of Social Work of the University of Houston. (Starts at minute 9:40 -1:10:00)

[Jesse Thistle: Trauma, addiction and recovery \(The Agenda with Steve Paikin YouTube\)](#)

[The Oka Crisis in 5 min](#)

[Waneek Miller Horn Olympic Athlete speaks on her experience of the Oka Crisis](#)



**SOCIAL MEDIA
VIDEOS**

[Social Work So White with Rachel Cargle \(Facebook Live video with SWCARES\)](#)

[Beyond the Cliff by Laura van Dernoot Lipsky \(author of Trauma Stewardship\)](#)

[Decolonization Is for Everyone by Nikki Sanchez](#)

[A Journey of Reconciliation and Re-building Relationships by Luke Dandurand](#)



WEBSITES

[Layla F. Saad](#)

[Rachel Cargle, includes a free 30-day anti-racism course](#)

[Color of Change Campaign](#)

[Disability Visibility Project](#)

[White Supremacy Culture, includes a PDF document that explains White Supremacy Culture in detail, as well as a PowerPoint presentation.](#)

[Website with interactive map that provides info about the land and traditional Indigenous territories](#)

[Montreal In Action, as well as their FB page.](#)

[SWCAREs: Social Work Coalition for Anti-Racist Educators, their FB page](#)

[First Nations Child & Family Caring Society](#)

[Indian Residential School Survivors Society](#)

[Reconciliation Canada](#)



NEWS ARTICLES

[Five Charts that Show What Systemic Racism Looks Like in Canada \(CTV News, June 4, 2020\)](#)

['We have nothing to lose but our chains': Desmond Cole's conversation with four Black Canadians \(Maclean's, July 7, 2020\)](#)

[Canada's slavery secret: The whitewashing of 200 years of enslavement \(CBC Radio\)](#)

[Systemic racism endures as Quebec fails to reckon with slavery history \(Policy Options, July 17, 2020\)](#)

[From a Moment to a Movement: Envisioning a Child Welfare System We Have Yet to See \(The Chronicle of Social Change\)](#)

[We Don't Need Cops to Become Social Workers: We Need Peer Support + Community Response Networks \(Noteworthy\)](#)

[Calum Marsh: Defunding the police isn't radical. It's so lucid it's a wonder it took a movement to catch on \(National Post\)](#)

[Dear Quallunaat \(white people\) \(CBC News, Feb 17, 2019\)](#)

[White centering in Quebec erases the people in the margins \(Cult MTL, September 8, 2020\)](#)

[Decolonizing mental health: The importance of an oppression-focused mental health system \(Calgary Journal, February 27, 2020\)](#)

[What is optical allyship? Ways you can support the BLM movement apart from spreading hashtags \(Global News, June 8 2020\)](#)



BOOKS

Me & White Fragility by Layla F. Saad

How to be Anti-Racist by Ibram X. Kendi

White Fragility: Why It's So Hard for White People to Talk about Racism by Robin DiAngelo

The Skin We're In: A Year of Black Resistance and Power by Desmond Cole

Hunger by Roxanne Gay

So You Want to Talk About Race by Ijeoma Oluo

Policing Black Lives: State Violence in Canada from Slavery to Present by Robyn Maynard

Menakem, R. (2017). My grandmother's hands: Racialized trauma and the pathway to mending our hearts and bodies. Central Recovery Press.

From The Ashes by Jesse Thistle

The Inconvenient Indian, by Thomas King (2012)

7 Fallen Feathers: Racism, Death, and Hard Truths in a Northern City by Tanya Talaga (2017)

Trauma Stewardship: An everyday guide to caring for self while caring for others by Laura van Dernoot Lipsky & Connie Burk (2009)



GUIDES AND TOOLKITS

[Indigenous Ally Toolkit](#) by the Montreal Urban Aboriginal Community Strategy Network

[Wet'suwent'en Supporter Toolkit 2020](#)

[Reformist reforms vs. abolitionist steps in policing charts](#)

[Defund Police Defend our Communities toolkit](#)

[The Guide to Allyship](#)



CONFERENCES, TRAINING, RESOURCES

[Anti-Oppression Resource & Training Alliance \(AORTA\)](#)

[Racial Health Equity Network \(Facebook group\)](#)

[Researchers and Academics of Colour for Equality/Equity \(R.A.C.E.\) Network](#)

[Indigenous Canada, free online course offered by University of Alberta](#)